

PhD- 2024-25
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Abstract- 4

The study of all-round personality development from the panchakosh of the major Upanishads

The main objective of this research is to study the ancient Upanishad literature, to study the all-round development of personality through analysis from the Panchakosha view of the main Upanishads, to clarify the importance of personality development and to present the scientific view of the Indian Upanishads. Keeping these main objectives in mind, the following objectives have also become an important part of this research:

- To study various Upanishads and conduct a critical study.
- To establish the spirituality and practicality of the Panchakosha view of the Upanishads
- To clarify the objectives and applications of the all-round development of man associated with spiritual principles.
- To clarify the importance of building a value-based society through the all-round development of personality.
- To clarify the importance of child development in the context of personality development.
- To make necessary efforts to reveal the scientificity of Upanishad literature.

Based on the above objectives and hypotheses of the present research, at the end of the completion of the research work, it can be clear that the field of Upanishad literature is very rich. Also, it is more beneficial with different concepts of personality development in the present time, this research can be a guide in this direction. Although this type of research is not completely complete, there is still room for this type of research. The present research can reveal other principles of human development associated with Upanishad literature in the future. Moreover, the conclusions of this research can be helpful in building a prosperous society, along with the intention that the horizons for the promotion of Upanishad literature and Sanskrit language will also be expanded through the present research.

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